

2022 News

Free program



Discover all the tools
in the portal
portail.tremplinsante.ca/en



WEPAH!

Challenge your group with this unique card game!



Active stories

Have fun discovering the world of Marco, Lya and Roxy! Two stories for 4 to 6 years.



Delicious Misfits

Invite your group to let their creativity flow!

Coming soon

I am Me

Talk to your group about social media images and help them recognize reality from fiction.



Many Thanks contest

Identify and highlight initiatives carried out for the well-being of the camp team.



Croque ta région contest

Available only in French in the province of Quebec. Together with your campers, create and enjoy a recipe featuring two local ingredients!



Operation G.A.R.D.E.N.

Introduce your group to gardening concepts by inviting them to complete two fun and dynamic challenges!



Laugh-A-thon

Transport your group into an imaginary world of laughter and discover a new way to re-energize your group one laugh at a time!



Secrets of Olympia

Bring out your inner Olympian and discover what makes you exceptional!



My Culinary Skills

Discover some new skills with your group to cook safely at camp and at home!



Ready, set, garden! contest

Identify and highlight activities in connection with gardening at camp.



Jump into Action contest

Discover and practice new motor skills with your campers.