



THE MYSTERY OF THE MASKED BANANA

YOUR CHALLENGE? FIND OUT HOW MUCH YOU KNOW ABOUT FRUITS AND VEGETABLES. GET READY TO PUT YOUR FIVE SENSES TO THE TEST!

REQUIRED MATERIALS

- **VARIOUS TYPES OF FRUITS AND VEGETABLES.**
NOTE: FOR CERTAIN CHALLENGES, YOU WILL NEED TO CUT UP THE FRUITS AND VEGETABLES BEFOREHAND!
- **SMALL BOWLS AND UTENSILS OR TOOTHPICKS**
- **OPAQUE PAPER BAGS**
- **HEADBANDS OR SCARVES TO USE AS BLINDFOLDS (ONE PER CAMPER)**

HOW IT WORKS

1. GET READY

Before you begin, read the five challenges carefully so you can prepare the food and make sure you have the required materials.

2. INTRODUCE THE ACTIVITY

You can ask campers to name the five senses or use funny pictures to introduce them.

Do you know the five senses?
(sight, smell, hearing, touch, taste)

3. FORM TEAMS

Divide the group into an even number of teams (according to the number of campers in your group).

You can form uneven teams or have the campers play one-on-one: the exact numbers don't matter.

The idea is that team one tests team two and vice-versa. All campers must participate.

4. HAVE TEAMS MAKE THEIR SELECTION

Without revealing them to the other team, each team chooses **five different fruits and vegetables to use in the five challenges** (see next page).

Note: Each team should not get the same fruits and vegetables to choose from. This could influence the campers' responses.

5. LEAD THE ACTIVITY

When everyone is ready, the teams take turns completing the challenges on the following pages.

After each challenge, the team must come to a consensus on their answer. If the team gets the correct answer, they receive a point.





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FOR OLDER CAMPERS

- 1 • Campers can fill in the chart with the name of the mystery fruit or vegetable and the opposing team's answer.
- 2 • In the third column, they can record the characteristics of the fruit or vegetable which helped the player/team identify it or led them astray.
- 3 • They can then record one in the points column for a correct answer or 0 for an incorrect answer.

FOR YOUNGER CAMPERS

- 1 • You can test campers from both teams.
- 2 • You can also use the table to keep track of points. Additionally, you could ask campers to describe the characteristics of the fruit or vegetable which helped them identify it or led them astray and record their answers in the table.

! TIP

Make sure you have another activity leader or assistant activity leader on hand to help you with the activity. Supervising campers will be a lot easier!

6. SHARE YOUR EXPERIENCE WITH US

Don't forget to take a photo of the activity and send it to info@tremlinsante.ca!



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CHALLENGES

1

TOUCH

Hide a fruit or vegetable inside an opaque bag. Ask campers from the opposing team to put their hand in the bag and feel the fruit or vegetable to guess what it is.

3

SIGHT

Show the opposing team a fruit or vegetable that has been cut into tiny pieces. Campers must guess what type of fruit or vegetable it is just by looking.

5

TASTE

Blindfold campers on the opposing team and give them a piece of a vegetable or fruit. Can they guess what type of food it is by putting it in their mouth?

2

SMELL

Blindfold campers on the opposing team. Have them smell the mystery food. Can they recognize it?

4

HEARING

Blindfold campers on the opposing team. Choose a crunchy fruit or vegetable, take a bite, and chew it. After listening, campers must guess what kind of food it is.





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1. Each team fills out the following table with the name of the mystery fruit or vegetable and the opposing team's answer.
2. In the third column, the team can write the characteristics of the fruit or vegetable which helped the other team identify it or led them astray.
3. In the points column, write 1 if the opposing team answers correctly and 0 if they answer incorrectly.

	MYSTERY FRUIT OR VEGETABLE	ANSWER	CHARACTERISTICS	POINTS
1				
2				
3				
4				
5				